

SANA

SINGAPORE ANTI-NARCOTICS ASSOCIATION

ANNUAL REPORT 2019



RISE ABOVE

CONTENTS

2	MANAGEMENT BOARD OF MANAGEMENT MESSAGE BY PRESIDENT MANAGEMENT REPORT EXTRACT FROM AUDITED FINANCIAL STATEMENTS COMPLIANCE STAFF PROGRAMMES, SERVICES & COMMUNITY PARTNERSHIPS
----------	--

19	YOUTH & OUTREACH BADGE SCHEME TALK2SANA STEADY YELLOW RIBBON COMMUNITY PROJECT
-----------	---

23	AFTERCARE & REINTEGRATION CASE MANAGEMENT STEP-UP CENTRE SUPPORT GROUPS SANABRATION TELE-VISIT TATTOO REMOVAL PROGRAMME
-----------	--

29	COMMUNITY SUPPORT & ENGAGEMENT OUR VOLUNTEERS PEER LEADERS ADVOCACY CORPORATE & COMMUNITY SUPPORT SOCIAL MEDIA & MEDIA ENGAGEMENT DONORS & SPONSORS MEMBERSHIP
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BOARD OF MANAGEMENT

Patron: Her Excellency President Halimah Yacob

ELECTED BOARD

President

Dr Jade Kua (2019)

Vice-Presidents

Dr Ismail Hanif (2019)

Mr Lim Hock Chuan (2014)

Mr Kaka Singh (2014)

Mr Teo Kian Teck (2014)

Mr Bal Bagary (2015)

Honorary Secretary

Mr S B Viknesan (2014)

Honorary Treasurer

Mr Kelvin Wong (2017)

Members

Mr Saiful Saroni (2017)

Mr Patrick Kho (2019)

Mr Andrew da Roza (2019)

Ms Phua Puay Li (2019)

Mr Jonathan Ng (2019)

Dr Sandor Heng (2019)

Mr Imran Rahim (2019)

Mr Khairul Ashraf (2019)

REPRESENTATIVES

Ministry of Home Affairs (Central Narcotics Bureau)

- Mr Sng Chern Hong

Singapore Medical Association

- Dr Thomas Lee

People's Association

- Ms Clarin Wee Min

Ministry of Social & Family Development

- Ms Aileen Tan

COMMITTEES

Audit & Governance

Fundraising

Human Resource

Preventive & Outreach

Rehabilitation & Reintegration

BOARD OF MANAGEMENT





MESSAGE BY PRESIDENT

Covid-19 - Rising to the Challenge

2019 has been another successful year for SANA as we reached out to more than 800 new beneficiaries and expanded our programmes and services.

However, the Covid-19 situation which resulted in restricted movements in work and business activities from 6 April 2020, has badly affected our clients and increased their anxiety levels. Some have lost their jobs and others are struggling with additional expenses for essential items. At SANA, we adapted quickly with a series of measures to ensure that assistance to them remain undisrupted during this challenging period.

On 3 April 2020, a CARES Taskforce Team got underway, equipped with support and information. The team reached out to recovering clients and families via phone calls, WhatsApp and Social Media with support for counselling, emergency financial aid and help to access the various government assistance schemes.

We also set up a telephone hotline for clients who need to reach us urgently. Shortly after, we started online individual and group counselling sessions. Within two weeks in April, we had successfully reached out to more than 1000 clients.

We took our family-bonding activities online and engaged clients and their families on Facebook Live over four sessions in April, reaching out to over 2600 clients, family members and volunteers.

Moving forward, we expect more clients to seek our help. We are well-prepared to support them in their recovery and reintegration.

Review of 2019

Reaching Out to More Recovering Persons and Families

One of my first official duties as President of SANA in 2019 was hosting the official opening of the Step-Up Centre at Taman Jurong on 14 July 2019 with Mr Amrin Amin, Senior Parliamentary Secretary for Home Affairs and Health, as Guest of Honour.

The opening of Step-Up @ Taman Jurong meant that we can now bring our programmes and services to recovering clients and their families living in the west. By the end of 2019, 136 walk-in clients have benefitted through counselling and participation in Support Groups and family bonding activities at this Centre.

Increase in Participation by Recovering Persons and Families

The Step-Up Centre at Sengkang, which opened in 2015, continues to see a steady flow of walk-ins. In 2019, we assisted 301 new clients and saw participation grow in Support Groups and Family Engagement Talks. These activities helped clients further strengthen their support networks & family functioning.

As family support is vital in the successful reintegration of recovering persons, we introduced “SANAbration”, a series of small to large scale activities to promote pro-social support between clients and their family members. We carried out 21 events in 2019, attracting a total attendance of over 550.

Reaching Youths through Online Platforms

We have extended the Live Chat hours on Talk2SANA.com and will be driving this on-line service to more schools as well as expand the scope to include tobacco and alcohol abuse. Live Chat is targeted at youths, seeking advice and information in a safe and confidential space.

Global Drug Situation

The global drug situation remains severe and complex. The World Drug Report 2019 released by the United Nations Office on Drugs and Crimes reported that an estimated 271 million people, or 5.5 percent of the world population abused drugs in 2017. Worryingly, cannabis remains the most widely used drug, with 188 million users in 2017. Cannabis is also among the top three most commonly abused drugs among new abusers arrested in Singapore in 2019.

Another key drug trend is the development of New Psychoactive Substances (NPS) which continue to evolve and expand vigorously in the international drug scene. The number of NPS abusers in Singapore has been steadily increasing. These developments will require SANA to innovate and refine our existing substance abuse prevention approaches to ensure that they remain relevant and impactful in helping our youths understand the dangers of drugs.

Volunteers, Supporters and Donors

As at December 2019, SANA has just over 560 registered volunteers, among them, para-counsellors, religious counsellors, befrienders, outreach ambassadors and board members, who actively support and deliver SANA's anti-drug programmes.

In 2019, they contributed over 33,000 volunteer hours, sharing their unique skills and knowledge and setting aside personal time to help keep our community drug-free.

Like many voluntary organisations, fundraising is our lifeblood. Each year, we set aside a fund-raising target of around \$1 million to sustain our current programmes and initiate new ones. In addition, we actively seek more corporate partnerships.

In November 2019, Dr Kevin Chua who runs Dr Kevin Chua Medical & Aesthetics became SANA's latest corporate partner, providing pro-bono tattoo removal services to our clients.

We are also deeply grateful to our many kind donors for their generous donations. Our deepest appreciation to our main sponsors that include Lee Foundation Singapore, Riverland Pte Ltd and PCS Security Pte Ltd.

Looking Ahead

I am pleased to share that more than 90 percent of our clients have successfully completed the Case Management Services programme in 2019. Based on the 2019 overall recidivism rate from the Singapore Prison Service, 24 percent of offenders released in 2017 re-offended within 2 years, which is around 2 in 10 inmates.

While this may indicate that recovering persons can maintain sobriety for at least two years, it remains a concern that more offenders do relapse by the time they reach the fifth year of their release. Forty-one percent of offenders released in 2013, or nearly one in two, re-offended within five years. It is therefore crucial that we ensure the robustness of our programmes and expand our community networks to help our clients and their families reintegrate into society.

In 2020, SANA will continue our expansion plans and set up a Step-Up Centre in the north.

Acknowledgement

Your support and contributions will assist and empower recovering persons, their families and at-risk youths to fight the temptations of drug-abuse. We are grateful to everyone who has stepped forward with their help. My thanks to the Board Members and Management for your faith and support in our journey forward.



DR JADE KUA
PRESIDENT, SANA

MANAGEMENT REPORT

INTRODUCTION

Singapore Anti-Narcotics Association (SANA) was established on 19 August 1972 under the Registry of Societies. On 10 April 1984, the Association was registered under the Charities Act.

SANA is a Social Service Agency (SSA) set up to prevent drug-abuse in Singapore. We work with volunteers and community partners to deliver sustainable preventive, aftercare and reintegration programmes. We engage with recovering individuals and those at risk, by helping people to recognise that they can resist, and rise above the influence of drugs.

SANA is supported by donations from organisations and the public through fund-raising activities and government grants. We have IPC status (Institutions of a Public Character) and all donations made to SANA are tax-exempt at the prevailing rate. We have in place a Conflict of Interest Policy and a Whistle Blowing Policy.

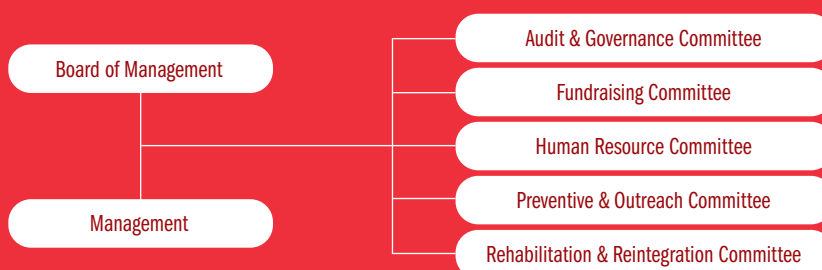
Unique Entity No. (UEN):	S72SS0018H
Charity Reg. No:	00039
IPC:	000452
Registered Address:	2 Sengkang Square, #05-01 Sengkang Community Hub Singapore 545025
Auditor:	Lo Hock Ling & Co (2019-2020)
Principal Bankers:	DBS Bank Limited

MISSION & VISION

Mission: To mobilise our community against drug abuse and strive towards a drug-free Singapore.

Vision: To deliver, with our volunteers and community partners, sustainable preventive, rehabilitation and aftercare programmes, towards a drug-free Singapore.

CORPORATE GOVERNANCE



Role of the Board

SANA's Board of Management, through its leadership and guidance, sets strategic directions for SANA, maintains oversight of the financial position, reviews the performance of programmes and services and ensures ethical standards are maintained.

The Board is committed to maintaining high standards of corporate governance and accountability to our stakeholders which include our regulators, government agencies, the clients we serve, our partners, staff and the community at large.

SANA's board members serve on a voluntary basis and are not remunerated. A new Board of Management was elected on 25 June 2019.

Annual General Meeting

The 47th Annual General Meeting (AGM) of the Singapore Anti-Narcotics Association was held on 25 June 2019 at the Association's premises at 2 Sengkang Square, #05-01, Sengkang Community Hub, Singapore 545025. Thirty-six (36) members attended the AGM.

Board Meetings

The Board met four times in 2019. The committees also met regularly before the scheduled Board meetings. The table below shows the composition of the Board and its committees.

Board Member	Date Elected	Board Meeting Attendance
Quek Bin Hwee (Until: 24 June 2019) President Human Resource Committee Chairperson	29 June 2013 (Until: 24 June 2019)	2/2
Phek Hui Jade Kua (Dr) President	25 June 2019	2/2
Tan Seck Kang (Until: 24 June 2019) Vice-President Human Resource and Fundraising Committee Member	27 September 2003 (Until: 24 June 2019)	2/2
Gillian Koh-Tan (Until: 24 June 2019) Vice-President Audit and Governance Committee Member	25 June 2011 (Until: 24 June 2019)	1/2
Chook Kum Kay (Dr) (Until: 24 June 2019) Vice-President Preventive & Outreach Chairman	29 June 2013 (Until: 24 June 2019)	2/2
Douglas Ooi (Until: 24 June 2019) Vice-President Fundraising Committee Member	20 June 2015 (Until: 24 June 2019)	0/2
Kalyani Kirtikar Mehta (Dr) Vice-President Rehabilitation & Reintegration Committee Member	29 June 2013 (Until: 24 June 2019)	2/2
Teo Kian Teck Vice-President Human Resource Committee Member	20 June 2015 Elected Hon Secretary June 2017 Elected Vice-President 25 June 2019	3/4
Balwinder Bagary Vice-President Fundraising Committee Chairman	20 June 2015 Elected Hon Treasurer June 2017 Elected Vice-President 25 June 2019	1/4
Kaka Singh S/O Dalip Singh Vice-President Audit & Governance Committee Chairman	20 June 2015 Elected Vice-President 25 June 2019	2/4
Lim Hock Chuan Vice-President Preventive & Outreach Committee Chairman	20 June 2015 Elected Vice-President 25 June 2019	3/4
Ismail Muhamad Hanif (Dr) Vice-President Human Resource Committee Chairman	25 June 2019	2/2

Board Member	Date Elected	Board Meeting Attendance
S B Viknesan Honorary Secretary Rehabilitation & Reintegration Committee Chairman	20 June 2015 Elected Honorary Secretary 25 June 2019	4/4
Kelvin Wong Honorary Treasurer Audit & Governance Committee Member	17 June 2017 Elected Honorary Treasurer 25 June 2019	3/4
Mohamed Saiful Saroni Member Audit & Governance Committee Member	17 June 2017	2/4
Patrick Kho Chuan Thye Member Preventive & Outreach Committee Member	25 June 2019	1/2
Andrew John da Roza Member Rehabilitation & Reintegration Committee Member	25 June 2019	2/2
Phua Puay Li Member Preventive & Outreach Committee Member	25 June 2019	0/2
Jonathan James Ng Yong Ze Member Fundraising Committee Member	25 June 2019	1/2
Sandor Heng Weiqiang (Dr) Member Rehabilitation & Reintegration Committee	25 June 2019	1/2
Muhammad Imran Bin Abdul Rahim Member Rehabilitation & Reintegration Committee Member; Fundraising Committee Member	25 June 2019	1/2
Khairul Ashraf Bin Khairul Anwar Member Preventive & Outreach Committee Member	25 June 2019	2/2
Suhaimi Bin Rafdi Member (Until: 24 June 2019)	29 June 2013 (Until: 24 June 2019)	0/2
Murugayan S/O Kalimuthu Member (Until: 24 June 2019)	23 June 2007 (Until: 24 June 2019)	0/2
Jeffrey Po Gim Tee (Dr) (Until: 24 June 2019) Member Rehabilitation & Reintegration Committee Member	29 June 2013 (Until: 24 June 2019)	0/2

Board Committees

Board Committees, each with their own defined Terms of Reference, function under the auspices of the Board. Each committee is chaired by a Board member and assisted by other Board members. Minutes of

committee meetings are recorded and items are tabled at subsequent board meetings. The table below shows the composition, frequency and attendance at committee meetings held in 2019.

Committee Terms of Reference	Composition	Appointment	Meetings Attended
Audit & Governance Committee Assists the Board to oversee the internal control, financial reporting, appointment of external auditor and whistle-blowing.	Kaka Singh s/o Dalip Singh	Chairman	1/1
	Mohamed Saiful Saroni	Member	1/1
	Kelvin Wong	Member	1/1
Fund-raising Committee Assists the Board to oversee all fund-raising activities and advises the Board on matters relating to fund-raising programmes.	Balwinder Bagary	Chairman	3/3
	Tan Seck Kang (Until 24 June 2019)	Member	2/2
	Douglas Ooi (Until 24 June 2019)	Member	0/2
	Kelvin Wong (Until 24 June 2019)	Member	1/2
	Muhammad Imran Bin Abdul Rahim	Member	1/1
	Jonathan James Ng Yong Ze	Member	1/1
Human Resource Committee Assists the Board in matters relating to human resource, performance evaluation and compensation, management development and succession planning.	Quek Bin Hwee (Until 24 June 2019)	Chairperson	1/1
	Tan Seck Kang (Until 24 June 2019)	Member	1/1
	Ismail Muhamad Hanif (Dr)	Chairman	-
	Teo Kian Teck	Member	-
Preventive & Outreach Assists the Board to oversee the efficiency and effectiveness of preventive and outreach programmes and services.	Chook Kum Kay (Dr) (Until 24 June 2019)	Chairman	1/1
	Lim Hock Chuan	Member and Chairman (wef 25 June 2019)	1/1
	Teo Kian Teck	Member	1/1
	Suhaimi Bin Rafdi (Until 24 June 2019)	Member	0/1
	Patrick Kho	Member	0/1
	Khairul Ashraf Bin Khairul Anwar	Member	0/1
	Phua Puay Li	Member	1/1
Rehabilitation & Reintegration Committee Assists the Board to oversee the efficiency and effectiveness of aftercare and outreach programmes and services.	S B Viknesan	Chairman	3/3
	Andrew John da Roza	Member	2/3
	Muhammad Imran Bin Abdul Rahim	Member	1/1
	Sandor Heng Weiqiang (Dr)	Member	1/1
	Mohamed Saiful Saroni	Member	0/2
	Kalyani Kirtikar Mehta (Dr) (Until 24 June 2019)	Member	0/2
	Jeffrey Po Gim Tee (Dr) (Until 24 June 2019)	Member	0/2
	Murugayan s/o Kalimuthu (Until 24 June 2019)	Member	0/2

MANAGEMENT & STAFF

As at 31 December 2019, we had a total of 45 staff comprising the Executive Director, Deputy Executive Director, Social Workers, Counsellors, Psychologists, Programme Executives, Corporate, Fundraising and Admin Support. The age profile of our staff ranges from 21 to 66 years old.

Staff Training & Development

Our Staff attended many training courses to upgrade their skills and stay relevant. Some of them participated in overseas conferences and seminars in 2019:

- Applied Suicide Intervention Skills Training (ASIST)
- Cannabis Policy: The Example of Canada
- Coaching and Mentoring Youths Effectively
- Delivering Impactful Training to Youths
- Developing Your Coaching and Mentoring Skills for NPO Managers
- Digital Finance Module 3: AI and Robotic Process Automation
- Effective Supervisory Skills for NPO Managers
- Engaging Youths-at-risk through Effective Strategies and Techniques
- Financial planning for Low-Income Clients
- Introduction to Report Writing For SSPS
- May I Help You (Boleh Saya Bantu Anda?) Conversational Malay for Social Service Practitioners
- Mental Illness and Family
- Professional Certificate in Group Work (NSWCF Foundational)
- Rehabilitation and Re-integration Needs of Former Drug Offenders
- Skills Framework for Social Service Post-Launch Briefings
- SSR Seminar Series | Depressive Symptoms and their Association with Adverse Environmental Factors and Substance Use in Runaway and Homeless Youths
- SSR Workshops - Community-based Research and Evaluation for Practice and Policy
- SSR Workshops - Introduction to Realist Evaluation for Social Services
- SSR Workshops - Participatory Research for Social Services
- Standard First Aid with AED
- Survey Research and Quantitative Analysis
- The Spark Series 2019: Influence
- Workshop on The Retirement and Re-employment Act
- Writing Effective E-Mails

Total Annual Remuneration for Top Three Senior Staff

Remuneration Band	No. of Staff
Not exceeding \$100,000	2
\$100,001 - \$200,000	1

Local/Overseas Conferences and Study Trips

Overseas

- United Nations 62nd session of the Commission on Narcotic Drugs (Vienna, Austria): 14 - 22 March 2019
- 9th International Conference on Social Work in Health and Mental Health (York, UK): 22 - 26 July 2019
- Asian Regional Forum Against Drugs (Cochin, India): 25 - 27 September 2019
- 21st International Corrections and Prisons Association (Buenos Aires, Argentina): 27 October - 1 November 2019
- 6th Asia Pacific Rim Confederation of Counsellors Conference (Brisbane, Australia): 27 - 29 September 2019
- 24th International Federation of NGOs For the Prevention of Drug and Substance Abuse (IFNGO) ASEAN NGOs Workshop (Jakarta, Indonesia): 26 - 29 November 2019

Local

- Social Service Research Centre Conference 2019 - "Working with Low-income Families through the Life Course: Challenges to Social Services": 18 July 2019
- National Counselling & Psychotherapy Conference 2019: 12 September 2019
- 4th MSF-CSC Social Sector Conference: 6 November 2019
- Asia Pacific Forum Against Drugs 2019: 7 - 8 November 2019
- 6th Asia Pacific Behavioural and Addiction Medicine Conference: 26 - 27 November 2019

EXTRACT FROM AUDITED FINANCIAL STATEMENTS

Statement of Financial Activities
for the year ended 31 December 2019

	<u>Unrestricted Funds</u>			
	<u>General</u>	<u>Designated</u>	<u>Total</u>	<u>Total</u>
	<u>fund</u>	<u>funds</u>		
	<u>2019</u>	<u>2019</u>	<u>2019</u>	<u>2018</u>
	\$	\$	\$	\$
<u>INCOME</u>				
Income from generated funds:				
- Voluntary income	2,113,715	-	2,113,715	1,990,751
- Activities for generated funds	219,426	-	219,426	447,767
- Investment income	14,352	-	14,352	3,023
Income from charitable activities	<u>1,326,058</u>	<u>-</u>	<u>1,326,058</u>	<u>1,330,762</u>
Total income	<u>3,673,551</u>	<u>-</u>	<u>3,673,551</u>	<u>3,772,303</u>
<u>EXPENDITURE</u>				
Costs of generating funds				
- Costs of generating voluntary income	188,980	-	188,980	202,069
- Costs of fundraising activities	53,389	-	53,389	148,468
Expenditure on charitable activities	2,821,432	32,340	2,853,772	2,730,113
Governance costs	<u>434,678</u>	<u>-</u>	<u>434,678</u>	<u>418,997</u>
Total Expenditure	<u>3,498,479</u>	<u>32,340</u>	<u>3,530,819</u>	<u>3,499,647</u>
Surplus/(deficit) for the year	175,072	(32,340)	142,732	272,656
Total funds brought forward	<u>2,199,994</u>	<u>97,586</u>	<u>2,297,580</u>	<u>2,024,924</u>
Total funds carried forward	<u>2,375,066</u>	<u>65,246</u>	<u>2,440,312</u>	<u>2,297,580</u>

EXTRACT FROM AUDITED FINANCIAL STATEMENTS

Balance Sheet as at 31 December 2019

	<u>2019</u>	<u>2018</u>
	\$	\$
<u>ASSETS</u>		
<u>Non-Current Assets</u>		
Property, plant and equipment	<u>71,056</u>	<u>177,227</u>
	<u>71,056</u>	<u>177,227</u>
<u>Current Assets</u>		
Receivables	1,452,337	928,710
Fixed deposits with financial institutions	1,080,006	844,593
Cash and bank balances	<u>32,976</u>	<u>488,673</u>
	<u>2,565,319</u>	<u>2,261,976</u>
Total Assets	<u><u>2,636,375</u></u>	<u><u>2,439,203</u></u>
<u>FUNDS AND LIABILITIES</u>		
<u>Funds</u>		
General fund	2,375,066	2,199,994
Designated funds	<u>65,246</u>	<u>97,586</u>
Total Funds	<u>2,440,312</u>	<u>2,297,580</u>
<u>Current Liabilities</u>		
Payables	<u>196,063</u>	<u>141,623</u>
	<u>196,063</u>	<u>141,623</u>
Total Funds and Liabilities	<u><u>2,636,375</u></u>	<u><u>2,439,203</u></u>

EXTRACT FROM AUDITED FINANCIAL STATEMENTS

Statement of Cash Flows
for the year ended 31 December 2019

	<u>2019</u>	<u>2018</u>
	\$	\$
<u>CASH FLOWS FROM OPERATING ACTIVITIES</u>		
Surplus for the year	142,732	272,656
Adjustments for:		
Depreciation of property, plant and equipment	186,855	348,708
Interest income	(14,352)	(3,023)
	<u>172,503</u>	<u>345,685</u>
Operating surplus before working capital changes	315,235	618,341
Increase in receivables	(523,627)	(515,802)
Increase/(Decrease) in payables	54,440	(75,179)
Changes in working capital	<u>(469,187)</u>	<u>(590,981)</u>
Net cash (used in)/from operating activities	(153,952)	27,360
<u>CASH FLOWS FROM INVESTING ACTIVITIES</u>		
Purchase of property, plant and equipment	(80,684)	(51,807)
Increase in fixed deposits with maturity more than 3 months	(235,413)	(802,899)
Interest received	14,352	3,023
Net cash used in investing activities	<u>(301,745)</u>	<u>(851,683)</u>
Net decrease in cash and cash equivalents	(455,697)	(824,323)
Cash and cash equivalents at beginning of the year	<u>488,673</u>	<u>1,312,996</u>
Cash and cash equivalents at end of the year	<u><u>32,976</u></u>	<u><u>488,673</u></u>

COMPLIANCE

Code of Governance for Charities and IPCs
 Governance Evaluation Checklist for SANA (1 Jan 2019 to 31 Dec 2019):
 Enhanced Tier

S/No.	Code guideline	Code ID	Response	Explanation
BOARD GOVERNANCE				
1	Induction and orientation are provided to incoming governing board members upon joining the Board.	1.1.2	Complied	
2	Are there governing board members holding staff* appointments?		No	
5	The Treasurer of the charity (or any person holding an equivalent position in the charity, e.g. Finance Committee Chairman or a governing board member responsible for overseeing the finances of the charity) can only serve a maximum of 4 consecutive years. If the charity has not appointed any governing board member to oversee its finances, it will be presumed that the Chairman oversees the finances of the charity.	1.1.7	Complied	
6	All governing board members must submit themselves for re-nomination and re-appointment, at least once every 3 years.	1.1.8	Complied	
7	The Board conducts self-evaluation to assess its performance and effectiveness once during its term or every 3 years, whichever is shorter.	1.1.12	Complied	
8	Is there any governing board member who has served for more than 10 consecutive years?		No	
9	The charity discloses in its annual report the reasons for retaining the governing board member who has served for more than 10 consecutive years.	1.1.13	Not Complied	Not applicable as we do not have any board members who has served for more than 10 consecutive years.
10	There are documented terms of reference for the Board and each of its committees.	1.2.1	Complied	
CONFLICT OF INTEREST				
11	There are documented procedures for governing board members and staff to declare actual or potential conflicts of interest to the Board at the earliest opportunity.	2.1	Complied	
12	Governing board members do not vote or participate in decision making on matters where they have a conflict of interest.	2.4	Complied	

STRATEGIC PLANNING

13	The Board periodically reviews and approves the strategic plan for the charity to ensure that the charity's activities are in line with the charity's objectives.	3.2.2	Complied	
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HUMAN RESOURCE AND VOLUNTEER* MANAGEMENT

14	The Board approves documented human resource policies for staff.	5.1	Complied	
15	There is a documented Code of Conduct for governing board members, staff and volunteers (where applicable) which is approved by the Board.	5.3	Complied	
16	There are processes for regular supervision, appraisal and professional development of staff.	5.5	Complied	
17	Are there volunteers serving in the charity?		Yes	
18	There are volunteer management policies in place for volunteers.	5.7	Complied	

FINANCIAL MANAGEMENT AND INTERNAL CONTROLS

19	There is a documented policy to seek the Board's approval for any loans, donations, grants or financial assistance provided by the charity which are not part of the charity's core charitable programmes.	6.1.1	Complied	
20	The Board ensures that internal controls for financial matters in key areas are in place with documented procedures.	6.1.2	Complied	
21	The Board ensures that reviews on the charity's internal controls, processes, key programmes and events are regularly conducted.	6.1.3	Complied	
22	The Board ensures that there is a process to identify, and regularly monitor and review the charity's key risks.	6.1.4	Complied	
23	The Board approves an annual budget for the charity's plans and regularly monitors the charity's expenditure.	6.2.1	Complied	
24	Does the charity invest its reserves (e.g. in fixed deposits)?		Yes	
25	The charity has a documented investment policy approved by the Board.	6.4.3	Complied	

FUNDRAISING PRACTICES

26	Did the charity receive cash donations (solicited or unsolicited) during the financial year?		Yes	
27	All collections received (solicited or unsolicited) are properly accounted for and promptly deposited by the charity.	7.2.2	Complied	
28	Did the charity receive donations in kind during the financial year?		No	

DISCLOSURE AND TRANSPARENCY

30	The charity discloses in its annual report – (a) the number of Board meetings in the financial year; and (b) the attendance of every governing board member at those meetings.	8.2	Complied	
31	Are governing board members remunerated for their services to the Board?		No	
34	Does the charity employ paid staff?		Yes	
35	No staff is involved in setting his own remuneration.	2.2	Complied	
36	The charity discloses in its annual report – (a) the total annual remuneration for each of its 3 highest paid staff who each has received remuneration (including remuneration received from the charity’s subsidiaries) exceeding \$100,000 during the financial year; and (b) whether any of the 3 highest paid staff also serves as a governing board member of the charity. The information relating to the remuneration of the staff must be presented in bands of \$100,000. OR The charity discloses that none of its paid staff receives more than \$100,000 each in annual remuneration.	8.4	Complied	
37	The charity discloses the number of paid staff who satisfies all of the following criteria: (a) the staff is a close member of the family* belonging to the Executive Head* or a governing board member of the charity; (b) the staff has received remuneration exceeding \$50,000 during the financial year. The information relating to the remuneration of the staff must be presented in bands of \$100,000. OR The charity discloses that there is no paid staff, being a close member of the family* belonging to the Executive Head* or a governing board member of the charity, who has received remuneration exceeding \$50,000 during the financial year.	8.5	Complied	

PUBLIC IMAGE

38	The charity has a documented communication policy on the release of information about the charity and its activities across all media platforms.	9.2	Complied	
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Abdul Karim
(Executive Director)



Rosalind Tan
(Deputy Executive Director)

STAFF

AFTERCARE



Andy Lee (Head)



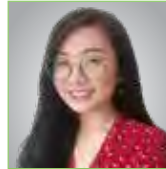
Lowshanthini Panesilvam



Han Qi



Jihan Al-Kathiri



April Heng



Bala Subramaniam



S Ishwarya Silvaraj



Ho Jia Qin



Damian Chue



Nur Hidayah Bibi Binti
Mohamed Omar



Cher Jing En



Lee Whee Khee



Nasirah Binti Mohamad Nasir



Anderson Neo



Nur Nadirah Binte
Mohamed Azhan



VThiyya Pillai



Fu Fang Ting



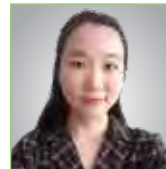
Muhammad 'Izuddin
Sufian Sujai



Syaifiqah Binte Sudarmo



Janice Lee



Rhea Tan

YRCP / PDE



Ng Zhi Han
Head (YRCP)



Muhammad Riduan
(Deputy Head, PDE)



Eric Kwan



Rebecca Chan



Tahrikadeavi



Stephen Ong

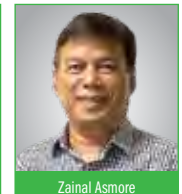


Noor Nabilah Shahiran

STEP-UP CENTRE



Georgina Lau



Zainal Asmore



Norhatijah Esa



James Potter



Ryzal Mikhail

ADMIN & FINANCE



Veronica Quek



Alexis Koh



Peter Tan



Peter Ng

ADVOCACY



Mohamed Fazly Bin Mohamed Jamaludin
(Head)



Kwek Jian Min

CORPORATE & VOLUNTEER MANAGEMENT



Patricia Monkman
(Head)



Fatin 'Izzati



Noor Farhana D/O Abdul Ali

PROGRAMMES, SERVICES & COMMUNITY PARTNERSHIPS



1. NETS FlashPay Card worth \$30, for newly-released clients
 2. Comprising employment, accommodation & other assistance
 3. For Men, Women and Families

YOUTH & OUTREACH

BADGE SCHEME

Description

Under the Badge Scheme, secondary school students in the Uniform Groups, attend a motivational workshop that focusses on drug-abuse and character building. The programme includes role-play and an online assessment where the students each receive a SANA Badge upon completion. In 2019, we conducted 52 workshops, attended by 4360 students.

To get students engaged on drug issues on a deeper level, SANA introduced the Silver Scheme that allows them to play a bigger role as anti-drug advocates.



Uniform Groups in the Badge Scheme



Outcomes

In 2019, the Scheme saw positive results.

Online assessments done immediately after the Badge Scheme Workshops reflected the impact of the sessions and improved the completion and pass rates.

YEAR	No of students	Pass rate (%)
2017	3323	83
2018	4183	90
2019	4360	93

Six schools participated in the Silver Scheme in 2019 and 103 students attained the Silver Badge. One of the schools, East Spring Secondary, produced an anime video, board game and posters to convey the message on the harmful effects of drugs.

Future Plans

1. To conduct tailored workshops on preventive drug education for youths in secondary and tertiary level students
2. To increase participation in the Silver Badge Scheme
3. To pilot the Gold Badge Scheme
4. To expand the Badge Scheme to non-Uniform Groups and youth organisations
5. To conduct human library sessions (involving peer leaders) for students in tertiary education and above.



Project by East Spring Secondary School



TALK2SANA & TAKING THE MESSAGE TO YOUTHS

In 2019, we engaged with more than 3000 youths through various platforms to promote awareness on the harms of drug-abuse. These included road shows, futsal competitions and our annual Rise Above Campaign.

These interactions provided the students, mostly from secondary schools, ITEs and Polytechnics, with a deeper understanding of the importance of prevention strategies in fighting drug abuse.

Between January and December 2019, SANA participated in 9 outreach events.

Venue of Outreach event	Nos engaged
Roadshow at Nanyang Polytechnic	200
ITE College Central (2 x)	1200
ITE College East	1500
Rise Above Campaign (Futsal, Roadshow and Projects)	160
M3 @ Jurong Family Day	200
Sengkang C2E Day	150
TOTAL	3410



Talk2SANA adopts a preventive strategy to empower youths to make positive choices when faced with dilemmas. This is an online portal with 3 main components.

- 1. Live Chat**
Targeted mainly at youths above 14, the Live Chat invites callers to share their concerns on drug abuse or addiction. It is manned by trained counsellors and callers remain anonymous.
- 2. E-resource**
Features information on illicit drugs, consequences of drug-abuse and success stories of recovering persons.
- 3. E-learning**
Students can engage in e-learning through interactive modules. There are also training materials that the public can access.

Reaching out to Institutions

To create greater awareness of Talk2SANA, we reached out to six institutions in 2019 and shared with them how the service can benefit their members. These included:


- Singapore University of Social Sciences
- Singapore University of Technology and Design
- ITE Central
- Family Service Centres

Live Chat Statistics

The Live Chat hours are as follows: Monday to Friday, 2.00 pm – 9.00 pm. Users can still send in their queries when the service is offline. Our counsellors will get in touch with them within 48 hours.


Future Plans

1. To promote Talk2SANA to more schools and youth organisations
2. To expand the scope to include information on tobacco and alcohol abuse



Trend of Chatters

- Age range: 17 - 36
- Race / Gender: majority were Malay / Male
- Most requested for help for themselves



Types of chatters

- Family members seeking help for a loved one they suspect is on drugs
- Individuals seeking help for friends/ siblings who exhibit warning signs of drug abuse
- Enquiries on general signs of drug-taking

STEADY

Description

STEADY, which stands for STrengthening and Enhancing the Ability of Decision-making in Youths, develops decision-making (DM) skills. It helps the youths to identify risk factors and decrease their likelihood of engaging in anti-social behaviours, such as experimenting with drugs.

Objectives

1. To increase youths understanding on how decisions are made (that is, the factors that influence one's DM, such as impulsivity).
2. To help youths identify their own influential factors (for example, peer influences) that affect their own DM.
3. To enhance their awareness of their current risky behaviours (for example, truancy) in relation to achieving their goals or valued goods.

Planning Ahead

1. To adapt the programme using a youth support group format
2. To include female participants in the programme



Mr Amrin Amin, Senior Parliamentary Secretary, Ministry of Home Affairs and Health (front row, second from right), poses with grassroots leaders and volunteers at the YRCP Annual Appreciation Luncheon on 23 November 2019.

YELLOW RIBBON COMMUNITY PROJECT

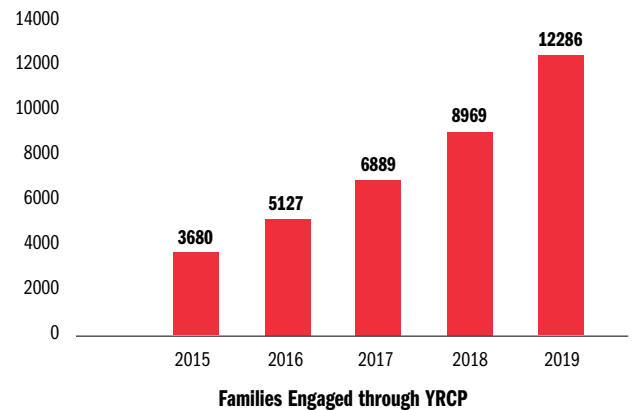
Description

The Yellow Ribbon Community Project (YRCP) is a grassroots-led initiative where trained volunteers visit families of offenders to offer them social support and assistance to help minimise their burden.

The project was introduced in 2010 by Singapore Prison Service. SANA has been managing it since 2015.

The diagrams below show the growth in divisions, trained volunteers and number of families engaged over the last 5 years.

	2015	2016	2017	2018	2019
No. of Divisions	64	68	75	75	89
No. of trained volunteers	763	898	981	1,026	1,035



Assistance Offered to Families

- Financial assistance (e.g. Social Service Organisations and ComCare)
- Casework through Family Service Centres
- Vouchers for food and essential items

AFTERCARE & REINTEGRATION

CASE MANAGEMENT SERVICES

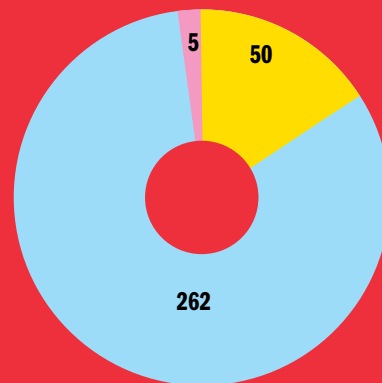
Description

Case management is offered to inmates with drug-related offences two months prior to their release. The counselling and assistance continue after their release on Community Based Programmes (CBP).

Each client will be on CMS (Case Management Services) programme ranging from 6 to 12 months. Support and assistance are also extended to the family of the recovering person to help him in his reintegration.

Cases under CMS

SANA handled a total of 317 cases in 2019 and we achieved a completion rate of 98 percent. The progress details are shown below.

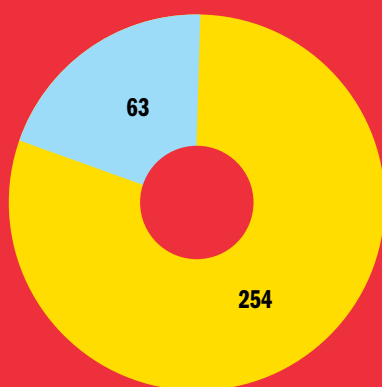


■ Successfully completed ■ On-going ■ Incomplete

TOTAL 317

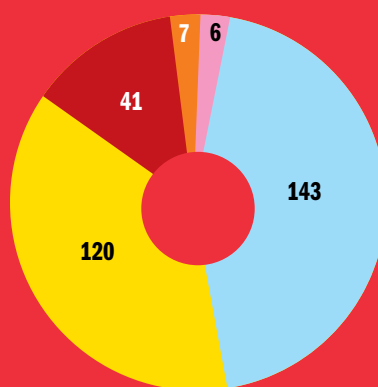
Profile of CMS Clients

There are 254 men and 63 women in the programme. Most clients are in the 21 - 30 age group and have secondary school education. The breakdown is presented below.



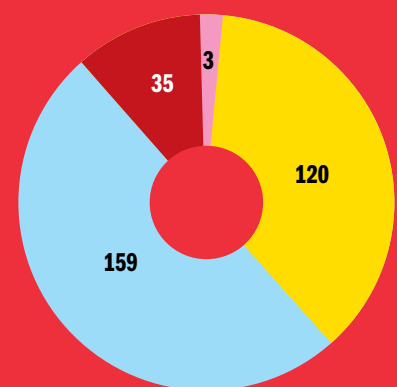
Gender

■ Male ■ Female



Age

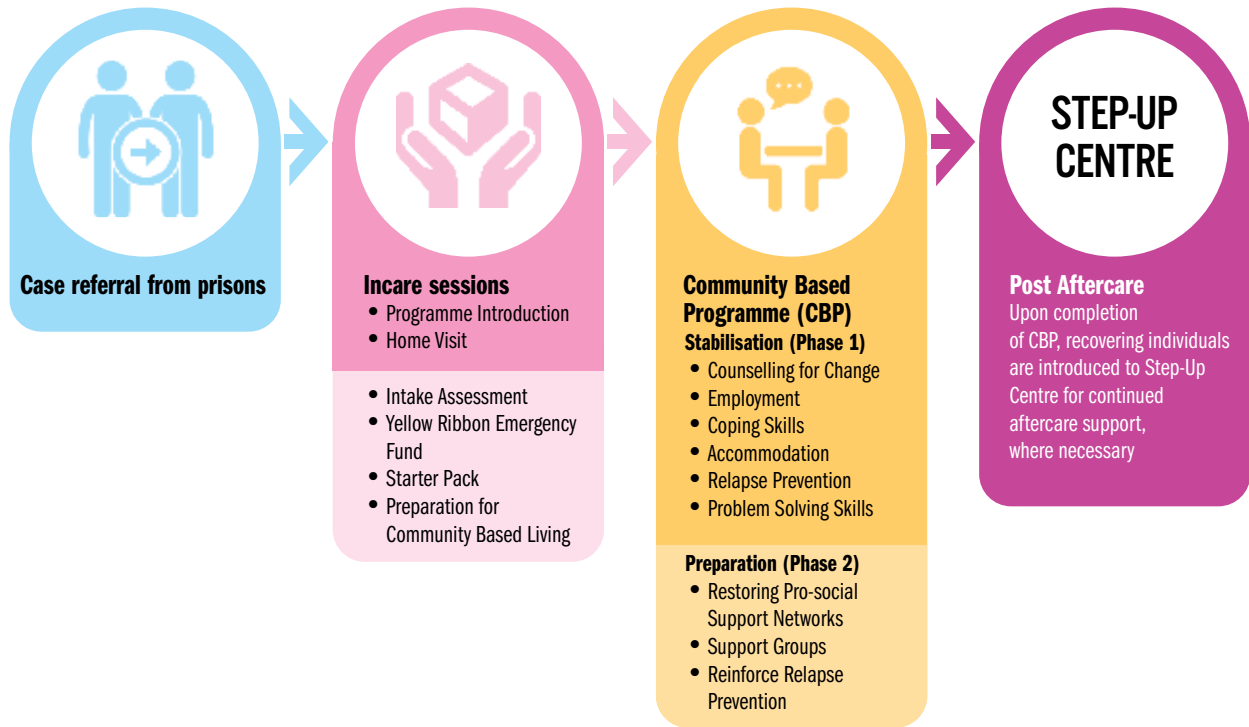
■ 20 & below
 ■ 21 - 30
 ■ 31 - 40
 ■ 41 - 50
 ■ 50 & above



Education

■ No formal education
 ■ Primary
 ■ Secondary
 ■ Post Secondary

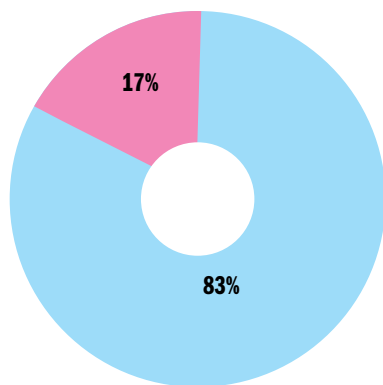
Journey of a Client under CMS



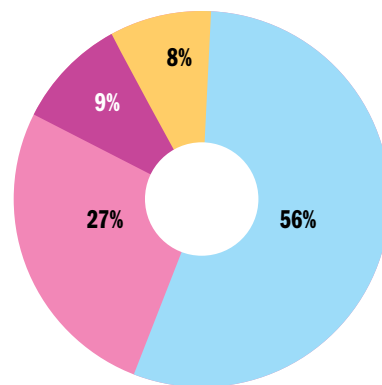
Case Management Services for First-time Drug Offenders

In September 2019, SANA took on a new programme to assist first-time drug offenders in a community-based programme under the Central Narcotics Bureau (CNB). The three to six month-long programme aims to equip clients to stay drug free. The clients are assessed as low risk of re-offending and having good social support.

SANA handled 52 cases in 2019, comprising 43 men and 9 women. As at December 2019, seven successfully completed the programme.



■ Male ■ Female



Age
 ■ 21-40 ■ 31-40 ■ 41-50 ■ 50 & above

STEP-UP CENTRE

In January 2019, we opened our second walk-in centre, Step-Up @ Taman Jurong, bringing our programmes and services to communities living in the west.

The new centre and the Step-Up Centre at Sengkang aim to help the recovery of clients from drug addiction by strengthening their social support networks.

All walk-in clients go through an intake assessment by our counsellors and are offered counselling. In 2019, we attended to 437 new walk-in cases and provided 1607 counselling hours. Here is the breakdown.

	No. of New Walk-in cases in 2019	No. of hours in counselling engagement
Step-Up @ Sengkang	301	610
Step-Up @ Taman Jurong	136	997.5



At the official launch of the Step-Up @ Taman Jurong in July 2019 by Guest of Honour Mr Amrin Amin (Senior Parliamentary Secretary, Ministry of Home Affairs and Health) and Dr Jade Kua (SANA President).

Others in the picture from extreme left are Mr Chng Hwee Hong (Chairman of SCORE, now renamed YR SG), Mr Pepsi Zewet (Centre Head, Fei Yue Family Services at SSO@Taman Jurong), Mr Loh Chin Hui (General Manager, Social Service@Taman Jurong, Social Service Office) From extreme right, Mr Desmond Chin (Commissioner of Prisons) and Mr Goh Peng Tong BBM (Chairman, Taman Jurong CCC)

The table below shows the number of clients who have utilised our services at each of the Step-Up Centres.

Support & Assistance	Step-Up @ Sengkang	Step-Up @ Taman Jurong
Starter Pack	221	49
Supermarket Voucher	83	26
Employment	24	15
Tattoo Removal	25	6
Legal Aid	9	2
Financial Aid	15	0
Accommodation	3	0
Referral to Agencies	12	14

Services	Description
Case Management & Counselling	Through a community-based approach, our counsellors coordinate with government and community agencies such as HDB, SSOs and FSCs to help address the needs of the clients and their families. Counselling is provided to help address the clients' drug addiction.
Starter Pack	A Starter Pack comprises a NETS FlashPay card for immediate food and travel needs to help recovering persons just starting out after their release.
Tattoo Removal	A highly subsidised programme for clients with offensive tattoos. This helps clients gain social acceptance and improve employment opportunities.
YREF	The Yellow Ribbon Emergency Fund (YREF) is an interim financial assistance extended to clients who struggle to make ends meet.
Employment	Assistance with job search, preparation for interviews and writing resumes.
Legal Aid	Free legal advice and consultation.

SUPPORT GROUPS

Support groups provide an avenue and platform for clients to share similar experiences and concerns. Participants benefit from emotional support and gain strength from each other.

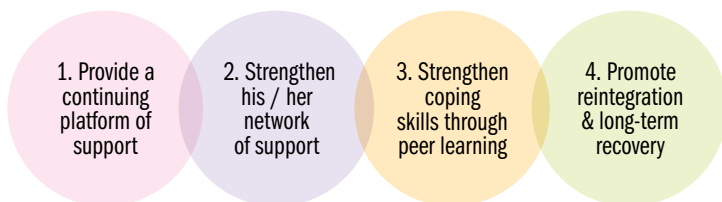
We have two main support groups.

1. Continuing Care Support Group [for recovering clients – Male and Female]
2. Families in Recovery – Engaged and Empowered (FR-EEed) [for family members of recovering clients]

1. Continuing Care Support Group (CCSG)

The CCSG runs separate sessions for Men and Women at Sengkang and Taman Jurong. Clients are taught coping skills to help prevent relapse and how to improve interpersonal relationships and decision-making skills.

Objectives

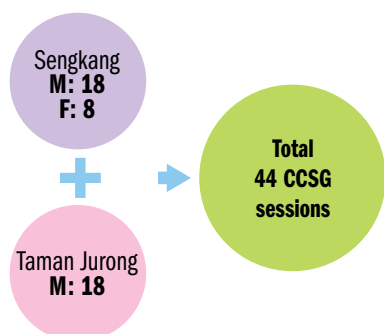


In 2019, we ran two cycles of support groups in each of the Centres: March to July and August to December.

In the second cycle, our Peer Leaders were roped in as co-facilitators. They built rapport and helped to mentor recovering persons in their desistance journey.

In all, we held 44 sessions, benefitting 23 men and 12 women.

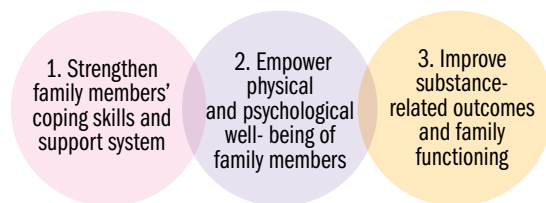
Cycle	No of sessions	Location	
1. March to July	10	Sengkang	Women
	10	Taman Jurong	Men
2. August to December	8	Sengkang	Women
	8	Sengkang	Men
	8	Taman Jurong	Men



2. Families in Recovery – Engaged and Empowered (FR-EEed)

In FR-EEed, family members are helped to understand and work through the recovery process of their loved ones.

Objectives



The FR-EEed programme is presented in two parts.

(a) Family Engagement Talk. This is a half-day workshop that provides family members with information on addiction and a non-judgmental space for them to share the stresses and strains they face in living with a recovering person. Participants comprise our current clients, Tele-Visit families and referrals from community partners. In 2019, we held two sessions which benefitted 20 family members.

(b) Family Support Group (FSG). This takes place after each Family Engagement Talk. In 2019, we ran one cycle of the FSG, benefitting 11 family members.

Feedback from Participants in Support Groups and Families in Recovery:

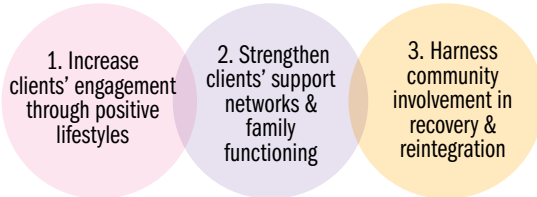
- Glad to have the platform to share and learn with one another
- Request for more support group sessions
- Request for more recreational activities for families
- Have developed more healthy coping skills for themselves
- Family members have begun exploring better communication methods with persons in recovery
- Family members are better able to manage their feelings towards persons in recovery

SANAbraction

Celebrating Family Togetherness

In 2019, we introduced a series of small to large scale family activities to promote pro-social support among clients and their family members and we named it SANAbraction! It is among the most highly anticipated event for our families.

Objectives



Broadly, SANAbraction's approach strengthens the recovering individual by providing him with opportunities for positive engagement, getting the family to participate in these activities and engaging the community to support his reintegration.

We organised 21 activities in 2019, attended by 558 clients. The activities included painting workshops, exercise sessions and family days to the Trampoline Park and SuperPark.

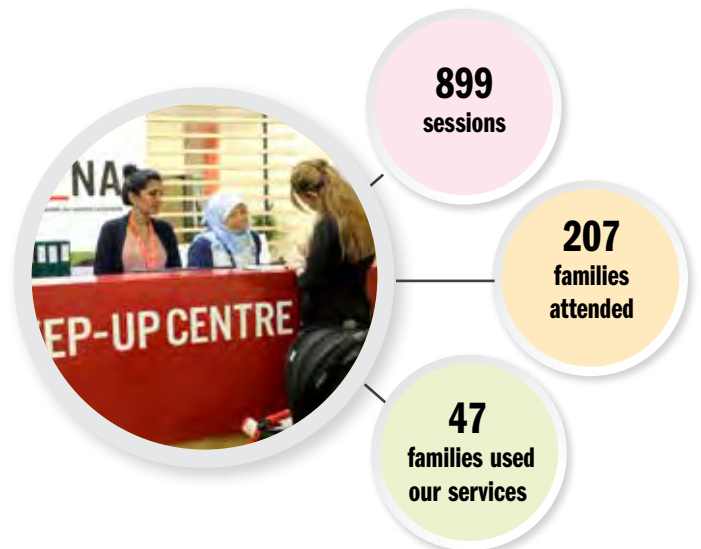


TELE-VISIT

The Tele-Visit at Step-up @ Sengkang provides a more convenient way for families living in the north-east region to communicate with their loved ones who are still in prison. Rather than make the journey to Changi Prison, some families prefer scheduled video-conferencing.

During their visits, family members learn about SANA's services and several subsequently participate in activities such as support groups and family events.

The Tele-Visit serves as a touchpoint for engaging families.



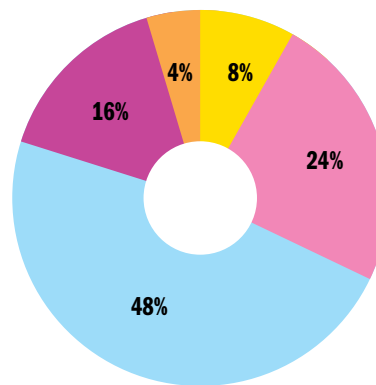
TATTOO REMOVAL PROGRAMME

Recovering persons who wish to have their highly visible and offensive tattoos removed can apply for the SANA Tattoo Removal Programme. The programme is highly subsidised and clients need to undergo a minimum of six counselling sessions prior to the treatment, to show their commitment to completing the programme. A full treatment takes approximately 10 sessions.

Objectives

1. Improve family and social acceptance
2. Improve employment opportunities

In 2019, 25 clients enrolled in the programme. Most are men aged between 31 and 40. Unfortunately the drop-out rate can be high, for reasons that include scheduling challenges due to work commitments and skin allergies.



Age Group
 ■ Under 20 ■ 21 - 30 ■ 31 - 40 ■ 41 - 50 ■ 51 - 60

No of Clients in the Tattoo Removal Programme	25
Nos undergoing counselling (pre-treatment)	8
Nos undergoing treatment	4
Nos dropped out	13



Tattoos, Travel and Community

In November 2019, Dr Kevin Chua, a certified laser physician, partnered SANA, to provide tattoo removal services, pro-bono, to recovering clients.

The Tattoo Removal Programme is one of SANA's most sought-after programmes by recovering persons who wish to remove drugs or gang-related tattoos that affect their job opportunities.

“The challenges in working with recovering persons are the same as with everyone. Removing the tattoos itself is a very challenging process. Even before we start, we face many unknowns, for example, the brand of ink used, the type and colour,” said Dr Chua who runs his own private practice Dr Kevin Chua Medical & Aesthetics.

“I am glad I can impact lives in a meaningful way,” he added.

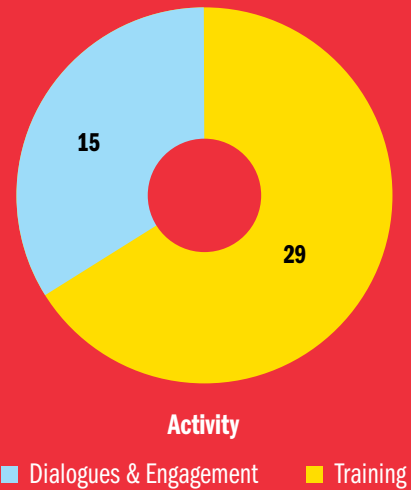
His spirit of giving extends beyond tattoo removal. Dr Chua is an avid photographer and keen traveller. Together with his wife and business partner Dr Iroshini Chua, he has raised over \$20,000 for various charity projects through auctioning photographic prints of their travels together.

COMMUNITY SUPPORT & ENGAGEMENT

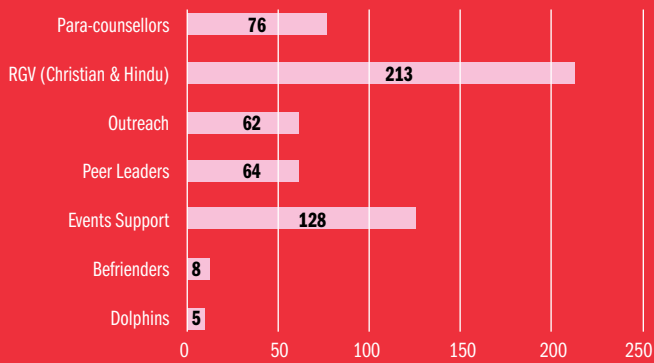
OUR VOLUNTEERS

Overview of Activities

In 2019, SANA had 556 registered volunteers, of which 123 were newly recruited. We ran 44 activities, comprising training, dialogues and engagement.



Volunteer Groups & Numbers (as at end 2019)



Recruitment

We conducted several recruitment exercises, advertising the positions mainly through social media and our website. The majority of our new recruits were para-counsellors, followed by outreach volunteers and peer leaders.

Volunteer Groups	Nos recruited in 2019
Para-counsellors	50
Outreach (COT)	21
RGV (Christian & Hindu)	17
Peer Leaders	17
Befrienders	8
Events Support	5
Dolphins	5
TOTAL	123

Training

We conducted 15 training sessions for our volunteer groups. Training was focused on two groups: para-counsellors and peer leaders.

Volunteer Groups	Training sessions conducted in 2019
Para-counsellors	5
Outreach (COT)	2
RGV (Christian & Hindu)	2
Peer Leaders	3
Befrienders	1
Events Support	2
TOTAL	15

Dialogue and Engagements

We conducted 29 dialogue sessions with our volunteers. Total attendance was 120.

Volunteer Groups	Dialogues / Engagement 2019
Para-counsellors	5
Outreach (COT)	3
RGV (Christian & Hindu)	3
Befrienders + TVF	12
Dolphins	4
Events Support	2
TOTAL	29

Religious Group of Volunteers (RGV) - Christian and Hindu

SANA's Christian and Hindu RGVs offer spiritual counselling and guidance to inmates during their incarceration. In addition, they organise celebrations around traditional festivals for inmates as well as for the recovering clients and their families and talks / seminars for the volunteers.

In 2019, the Christian and Hindu RGVs contributed a total of 30,680 hours through their work in prisons, alone.

RGV	Incare Sessions	Hours
Christian	16 sessions weekly	19,968
	Chapel Service 4 hours per session 52 weeks 6 volunteers per session	
	Bible Classes 15 sessions weekly 4 hours per session 52 weeks 3 volunteers per session	
Total		29,328
Hindu	6 Housing Units Clusters A & B 2 hours per week 52 weeks 2 volunteers per session	1,248
	Remand 2 hours per week 52 weeks 1 volunteer per session	104
Total		1,352
Christian & Hindu	TOTAL	30,680

On 18 May 2019, almost 60 members from Christian RGV attended a training session titled 'Mentoring Strategies for Befrienders' organised by SANA and Teen Challenge. The highly informative and enjoyable session was conducted by David King Raj, CEO of Ministry of Empowerment, author and recovering person.



Mindfulness Workshop

The Hindu RGV organised a Mindfulness Workshop on 18 July 2019, attended by 18 volunteers and their family members.

The workshop was led by Singa Narayanasamy, a meditation practitioner and chief instructor at ZenVidhya, a non-profit organisation. The course provided participants with insights on leading stress-free and meaningful lives.



ZenVidhya

Discover your true potential through Mindfulness

Para-counsellors

Our para-counsellors provide guidance and counselling to walk-in clients at our Step-Up Centres in Sengkang and Taman Jurong. Clients are given an action plan and provided the required assistance such as support groups, counselling and job search. Our para-counsellors are trained in psychology, counselling or social work.

In 2019, para-counsellors contributed over 1426 hours. Their deployment and contribution in 2019 are shown in the table below.

Location	Volunteers deployed	Hours contributed
Step-Up @ Sengkang	19	795.3
Step-Up @ Taman Jurong	21	631.3
Total		1426.6





Para-counselling

Biji Paul attended the SANA Para-counselling training in January 2019 and immediately after signed up for para-counsellor duties. In helping people in recovery, Biji has also learnt the value of trust.

“My primary role as a counsellor is being able to offer my clients to express themselves openly in a safe environment free of judgement.

“On a typical day at the Step-Up Centre at Taman Jurong, I meet new walk-in clients and those with prior appointments. On lean days, we have engagement sessions with SANA staff where we discuss and review challenging cases and sharpen our counselling skills.

“It’s fulfilling to be part of an organisation like SANA that provides counselling support and guidance to people in recovery. A valuable lesson I’ve learnt is to trust myself and my clients and that it’s okay to be vulnerable as that does not make us appear weak. This has helped me to create empathetic human connection. I feel truly honoured when they let me into their lives and their hearts. And it’s a blessing when I know I have made a difference in their lives,” said Biji.

Events Support

Volunteers in this group offer invaluable support through various ways. These include helping out at events such as Charity Golf, Aftercare family activities and Outreach. In 2019, they contributed approximately 300 hours volunteering in the following ways:

- Photographers and videographers
- Helping out at outreach events and exhibitions
- Administrative tasks, such as data entry, making telephone calls
- Packing goodie-bags for events



A group of veteran volunteers, led by Percival Shepherdson, started the SANA Dolphins in September 2019. Their mission is to reach out and re-connect with past volunteers who had lost touch and would like to play an active role again. On 20 December 2019, more than 30 showed their support at the Dolpins gathering at SANA.



SANA VOLUNTEER & DONOR APPRECIATION NITE

The SANA Volunteer & Donor Appreciation Nite, held on 15 November 2019, is a celebration of the contributions of our volunteers and donors. Twenty-five volunteers received awards and certificates of appreciation.

The event, themed Inspiring Action, was graced by Mr Christopher de Souza, Member of Parliament for Holland-Bukit Timah GRC. In his speech, Mr de Souza recalled his youth as a SANA volunteer and anti-drug ambassador and shared how everyone can play a part to create awareness on drug abuse and protect lives.

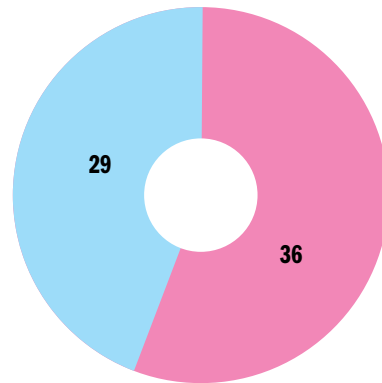
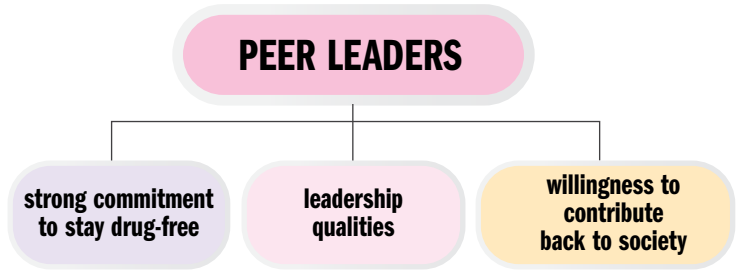


PEER LEADERS – OUR RECOVERY CHAMPIONS

Peer Leaders are advocates against drug abuse. Having suffered deeply from it, the Peer Leaders inspire and motivate recovering people, youths at-risk and the general public on the importance of staying drug-free through stories of their own life experiences and recovery journey.

The Peer Leaders Programme grooms them to lead as role models and peer mentors to other recovery persons.

As at the end of 2019, SANA has 65 Peer Leaders.



Peer Leaders
■ Trained ■ Undergoing / Awaiting training

Activity	Sessions
Orientation	3
Groupwork Training	1

Norlinda: Peer Leader, Mother & Volunteer

After her release from prison in 2002, Norlinda made the decision to stay away from drugs for the sake of her family members and herself. And she did just that and has been clean ever since.

The mother of 5 joined the Peer Leaders Programme in 2018. She co-facilitates the Women’s Support Group sessions, volunteers at SANA family events and shares her own recovery journey with students in schools.

“Personally I feel motivated. I know I have to lead by example by having a positive attitude and lifestyle. I want to share with my recovering friends how to stay focused and keep off drugs and I want to give back to society,” said Norlinda.



ADVOCACY

The Advocacy Department, formed in 2018, aims to establish an international presence that advocates for an abstinence-oriented approach towards drug abuse. That year SANA received Special Consultative Status as a member of the United Nations Economic and Social Council (ECOSOC), allowing us to participate in discussions on drug matters at international events organised by the United Nations.

Objectives

1. Promote Singapore's abstinence-oriented approach towards drug abuse at local and international drug policy discussion platforms
2. Expand collaborative networks with international NGOs
3. Contribute to research on best practices in rehabilitation and reintegration



Rise Above Campaign

The Annual 'Rise Above – Overcoming the Influence' campaign's success lies in our collaboration with schools and youth groups whose anti-drug projects with positive messages help counter the misperception of drugs as a safe recreation pursuit. Their messages speak directly to their peers, thus building greater support among youths for a drug-free Singapore.

In 2019, we ran a month-long online campaign on social media, reaching out to more than 55,000 social media users. We engaged 61 at-risk youths in a Futsal Tournament co-organised with Tasek Jurong Pte Ltd.



Campaign Participants: Schools & Youth Groups

- ITE College Central
- Ngee Ann Polytechnic
- Temasek Polytechnic (School of Design)
- Temasek Polytechnic (School of IT)
- East Spring Secondary School
- Boys' Town Youthreach
- Al-Fitwah (Al-Mawaddah Mosque)
- Paradigma (NUS)
- Reforming Support Group



SANA on the International Stage

United Nations 62nd Commission on Narcotic Drugs

SANA participated in the United Nations’ 62nd Session of the Commission on Narcotic Drugs (CND) held in Vienna on 14 - 22 March 2019. This important milestone marked our first foray into global drug policy discourse. SANA delivered two statements during the CND roundtable and plenary sessions, highlighting the importance for an abstinence-based drug policy approach and sharing SANA’s efforts in tackling the drug problem.



24th International Federation of NGOs For the Prevention of Drug and Substance Abuse (IFNGO) ASEAN NGOs WORKSHOP

The 24th IFNGO ASEAN NGO Workshop was held in Jakarta, Indonesia on 26 - 29 November 2019. Organised by Indonesian NGO BERSAMA, the workshop focused on drug prevention and drug abuse among youths. SANA President Dr Jade Kua delivered a presentation titled “Inspiring Positivity, Setting New Aspirations in Prevention and Recovery”, which touched on SANA’s substance abuse prevention efforts and helping people in recovery in their reintegration journey. SANA also presented on our best practices at a workshop session.



Asia Pacific Forum Against Drugs Conference

SANA attended the first ever Asia Pacific Forum Against Drugs (APFAD) Conference held in Singapore on 7 - 8 November 2019, coming together with 200 other delegates from 18 countries. The forum, organised by the National Council Against Drug Abuse (NCADA), provided a platform to foster greater understanding and encourage potential collaborations on the same cause.



Other Collaborations

We host and attend regional and international conferences and seminars to share our work and best practices and learn from each other. In 2019, these included the following:

- National Anti-Drugs Agency, Malaysia
- World Federation Against Drugs
- CARE, Malaysia NGO
- Compassion, Saudi Arabia NGO
- Al-Amin Recovery Management, Brunei NGO
- Asian Regional Forum



Looking Ahead

SANA will continue to reach out to like-minded international NGOs to share and learn best practices and, more importantly, create a unified voice for total abstinence against substance abuse.

CORPORATE & COMMUNITY SUPPORT

Our corporate and community partners have helped us strengthen our programmes and services through fundraising and collaboration in job assistance, training and skills upgrading for our beneficiaries.

We have developed a circle of partners that include local and global communities and online connections.

Donors

We are most grateful to all our donors and supporters for their generosity and continued support to SANA. In 2019, we raised over \$800,000 through various fund-raising efforts.

We wish to thank all our donors, in particular:

- Lee Foundation
- Riverland Pte Ltd
- PCS Security Pte Ltd
- Lum Chang Holdings Ltd
- Mellford Pte Ltd

SANA Charity Golf & Dinner

We are grateful to the generous golfers and supporters for raising more than \$150,000 through the SANA Charity Golf & Dinner 2019. The funds raised will support our anti-drug programmes for recovering clients and families. Approximately 200 attended the annual event held at Sembawang Country Club on 10 September. Mr Patrick Tay, MP for West Coast GRC and GPC for Home Affairs & Law was Guest of Honour.

Once again, SANA enjoyed the strong support of PCS Security Pte Ltd, Bashan Investment Group, Dell EMC and Lian Huat Group, among other generous organisations and individuals.



COMMUNITY IMPACT

We had the pleasure of supporting, attending and speaking at several events, to celebrate the partnership and contributions of our various stakeholders including the community-at-large. Here are some highlights.

HEB-Ashram Family Day: HEB-Ashram held its Family Day on 6 January 2019 to celebrate their 20th anniversary. We set up booths to promote on our services and programmes. HEB-Ashram is a half-way house for recovering Indian drug abusers. Guest of Honour was Minister Masagos Zulkifli (Environment and Water Resources and Muslim Affairs).



SANA was among several partners that participated in the HEB-Ashram's Family Day to celebrate their 20 years of service to the community. SANA Executive Director Mr Abdul Karim receiving a token of appreciation from Guest of Honour Mr Masagos Zulkifli.



Community Dialogue: We joined the Community Dialogue organised by the Muslim Counselling Services held at SANA on 16 February. The objective was to share ideas on improving programmes to help recovering persons in their reintegration journey. The other VWOs in attendance included Jamiyah Half-way House, Pertapis and Association of Muslim Professionals.

Narcotics Control Bureau of Brunei: The Bruneian delegates spent an afternoon at SANA on 19 June to find out more on our aftercare programmes, such as the support networks and services for clients and their family members.

Connecting Kampong Kakis: Beyond Social Services celebrated its 50th anniversary and launched its book “Going Beyond Social Services, Safeguarding Community” on 17 October. The occasion themed ‘Connecting Kampong Kakis’, was hosted by long-time volunteer and media celebrity Eunice Olsen.

Strengthening Networks: Our community partners – SSO Sengkang, Sengkang FSC, Sengkang Community Hospital, Sengkang General Hospital, Social Health Group and Prison Fellowship Singapore – met up at SANA in September 2019 and explored opportunities for further collaboration to help our clients.

Future Plans

- To engage more community partners and build leverage on our strengths
- To explore opportunities for collaborations in jobs and skills training for beneficiaries



Mr Gerard Ee, Executive Director of Beyond Social Services (left), shared the how the organisation has journeyed 50 years and the importance of getting people together in friendship so that there is a social integration that benefits all of us.



SANA hosted our partners in the neighbourhood.

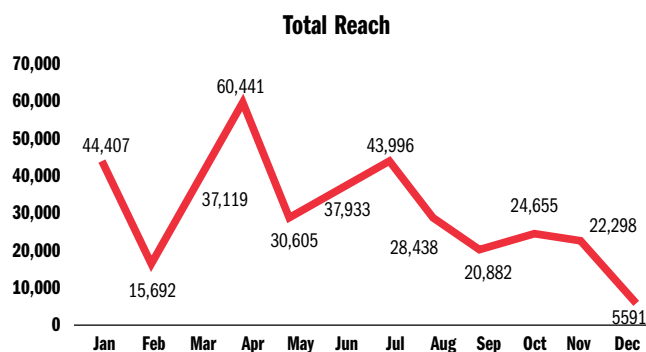
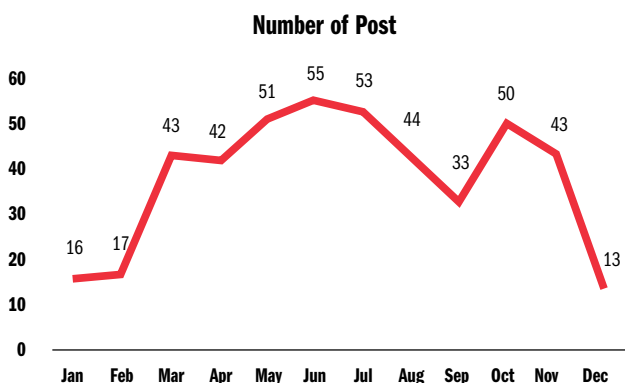
SOCIAL MEDIA AND MEDIA ENGAGEMENT

Through social media, we connected with over 372,600 users through 460 Facebook posts, averaging 38 posts per month in 2019. We gained 400 new fans and chalked up a total of 2.9k Facebook followers.

Total reach: **372,600**
 Total no of posts: **460**
 Average posts per month: **38**

We engaged our followers with posts on:

- family and festive celebrations
- success stories by peer leaders and recovering clients
- interviews with our volunteers
- volunteer recruitments, engagements and activities
- news feeds on relevant issues and stories of inspiring individuals
- milestone events



Top Posts of the Year

1

If you're feeling stressed, do what Michael Phelps does. Check out how this breathing method helps many.

Michael Phelps teaches his 2-year-old son a special 'lion's breath' technique — part of the mental-health routine that...

16,658 People Reached 1,951 Engagements [Boost Post](#)

Total Reach: 16,641

2

A big warm welcome to our new SANA President, Dr Jade Kua.

14,230 People Reached 183 Engagements [Boost Again](#)

Total Reach: 14,197

3

Being blind and deaf did not stop Haben Girma from pursuing her dreams. Respect.

12,097 People Reached 1,164 Engagements [Boost Post](#)

Total Reach: 12,048

4

It's a new year, so Start A New Agenda.

11,446 People Reached 96 Engagements [Boost Again](#)

Total Reach: 11,383

5

"Every one lost faith in him except for my mum."

Diyanah's foray into volunteerism was inspired by her mother, who was selfless and strong-willed. Since then, Diyanah has been an events and admin volunteer with SANA. Show some love to Diyanah!

10,762 People Reached 121 Engagements [Boost Again](#)

Total Reach: 10,739

RISE ABOVE - Social Media Campaign

The Rise Above social media campaign ran for a month from 26 June to 27 July. The campaign culminated on 27 July 2019, with the presentation of awards to schools, ITE/polytechnics and tertiary institutions and individuals for their contributions to the campaign.

Social media helped us to reach out to youths and the community through inspiring messages shared by social media influencers, celebrities and recovering persons.

We are grateful to those who lent us their support, among them, poet-actor Rafaat Haji Hamzah, Mediacorp artist Varman Chandra Mohan, marathoner Soh Rui Yong and national hurdler and Ambassador of Sport Singapore Kerstin Ong.






We reached nearly 57,000 fans on Facebook and Instagram in a month, with 52 posts.

Social media campaign results

<p>52 posts</p> <p>57 Likes</p>	<p>Best Post: Varman's Video post 56,798 People Reached</p> <p>3 Live Video Streams 1,642 People Reached</p>	<p>Best FB Live stream video that reached out to more than 800:</p> <p>A tour of the exhibition booths by Guest of Honour Mr Amrin Amin (Senior Parliamentary Secretary, Ministry of Home Affairs and Health) and SANA President Dr Jade Kua.</p>
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Milestones

Our followers are also informed of the milestones in SANA's journey. In 2019, these included:

 <p>Opening of Step-up Centre @ Taman Jurong on 14 July 2019</p> <p>SANA President Dr Jade Kua hosted our Guest of Honour Mr Amrin Amin (Senior Parliamentary Secretary, Ministry of Home Affairs and Health) and our key partners.</p>	 <p>Welcoming Dr Jade Kua</p> <p>Dr Jade Kua, Senior Consultant working in Pediatric Emergency Medicine, was elected SANA President at the SANA Annual General Meeting on 25 June 2019.</p>	 <p>Volunteer Jalaludin receives the Public Service Medal</p> <p>Our long-standing volunteer Mr Jalaludin s/o Peer Mohamed was awarded the Public Service Medal (PBM - Pingkat Bakti Masyarakat) at the National Day Awards Ceremony in August 2019 for his contributions as Chairman of Leng Kee CC IAEC.</p>
 <p>Remembering Dr Baey Lian Peck</p> <p>Dr Baey Lian Peck was SANA's longest serving President, from 1977 to 1996. He helped build SANA's unique strength and heritage in education, rehabilitation and reintegration, and is remembered for his deep commitment in the fight against drug abuse in Singapore. Dr Baey passed away peacefully in August 2019 at the age of 88.</p>	 <p>Remembering Prof Tow Siang Hwa</p> <p>Prof Tow Siang Hwa was SANA's Founder and Past President (1974-1977). A pioneer gynaecologist, Prof Tow held SANA's earliest meetings at his Tow Ying Clinic. He passed away peacefully in March 2019 at the age of 93.</p>	

MEDIA ENGAGEMENT

Promoting Public Awareness through Media

We engaged the media on several areas of our work in 2019:

- Promoting our new initiatives and projects such as the official opening of the Step-Up Centre at Taman Jurong in July
- Participating in interviews and discussions on issues of drug abuse, prevention and rehabilitation
- Featuring volunteers who conduct spiritual counselling in prisons
- Sharing the recovery journey and successes experienced by our clients
- Sharing information and opinion of the drug situation in Singapore

In 2019 SANA was featured in more than 30 reports that were broadcast on television, online and print in all the four languages.

Our biggest media event was the official opening of the Step-Up Centre at Taman Jurong on 14 July. We had journalists from the major media attending: Straits Times, Berita Harian, Lianhe Zaobao and MediaCorp (for all channels).

Other media coverage in 2019 includes the following:

- **February:** Associate psychologist Ishwarya is interviewed on MediaCorp’s Vasantham channel on how drugs adversely affect daily lives and help available to drug abusers, family and friends.
- **March:** Interview with SANA’s Executive Director Abdul Karim on SANA’s efforts in preventing drug abuse through the Badge Scheme (youth), Support Groups (recovering persons) and workshop for parents (creating awareness in families). Telecast on Vasantham (Ethioli).
- **April:** SANA’s Hindu Religious Group of Volunteers (RGVs) and beneficiaries are featured on Tamil Murasu, Singapore Press Holdings (print and online).
- **May:** Straits Times’ Interview on Female clients (Causes / Challenges / Continuum of Support) with psychologist Lowshanthini P.
- **June:** Associate psychologist Cher Jing En participated in live discussion with representatives from Fei Yu FSC and Ministry of Social & Family Development on drug addiction. This discussion marked World Drug Day and was telecast live on MediaCorp Channel 8.
- **December:** SANA Peer Leader Wayne Lee shared how he got involved with drugs, the challenges he faced in overcoming the addiction and what inspired him to be a Peer Leader, with Shin Min Daily News.



SANA in society magazines

SANA made its maiden appearance in lifestyle magazines, with our Charity Golf & Dinner event held on 10 September 2019. This generated further awareness of how the community can play a role in supporting

recovering persons and their families in their reintegration. We are grateful to Prestige, A Magazine, Heart Media and Singapore Tatler.



PATRICK TAY AND JADE NUA TOASTING WITH GUESTS



SANA CHARITY GOLF AND DINNER 2019
The Greater Good
 Around 180 guests attended the Singapore Anti-Narcotics Association (SANA) Charity and Golf Dinner held at Sembawang Country Club, which was presided over by Guest-of-Honour, Patrick Tay, Member of Parliament for West Coast GRC and Member, Government Parliamentary Committee for Home Affairs & Law. Every year, SANA works with corporate organisations to get sponsorships for golf flights, dinner tables and prizes. This year, the money raised went towards funding SANA's holistic programmes. These include the SANA Badge Scheme, a preventive drug education programme for secondary school students who are members of uniform groups; as well as Talk2SANA, which offers an online confidential chat service through which those who are affected by drug abuse are able to receive counselling and support in their recovery and reintegration journeys. The organisation also helps those recovering from addiction in areas such as tattoo removal, legal aid, job assistance, as well as training and skills upgrading. During the dinner, SANA clients Jasmine and Stephen shared deeply emotional stories, describing the toll that drug abuse had taken on their lives, which drove home the essential role that SANA plays in working towards a drug-free Singapore.



KRYSTAL TAN



KAREENA CHOW AND OMESH FABIANI



JENNY TAY AND DARREN CHENG



RANDALL LEE AND TRACY LEE



QUEK SUAN KIAT

DONORS & SPONSORS

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\$250,000 - \$399,999

Lee Foundation Singapore
Riverland Pte Ltd

\$50,000 - \$99,999

PCS Security Pte Ltd

\$10,000 - \$49,999

Lum Chang Holdings Limited
The Singapore Island Country Club

\$1,000 - \$6,000

Aetos Holdings Pte Ltd
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NEC Asia Pacific Pte Ltd
Rotary Club of Jurong Town
SHIM Clinic
Taman Jurong Citizens' CCC
The Community Foundation of Singapore
Transrich Pte Ltd
Verint Systems (Singapore) Pte Ltd

INDIVIDUALS

\$10,000 - \$25,000

Lim Kim Thor

\$5,000 - \$9,999

Abdul Karim S/O Shahul Hameed
Andrew John da Roza
Chua Bin Hwee
Jonathan James Yong Ze Ng

\$2,000 - \$4,999

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Lim Boh Chuan
Lim See Seng
Murali Pillai
Ng Poh Heng
Phek Hui Jade Kua
Poh Liong Pin
Yeoh Boon Cheng

\$1,000 - \$1,999

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| 36. Mrs Koh-Tan Gillian | 73. Mrs Quek Bin Hwee | 110. Mr Yow Song Yan |
| 37. Dr Kua Jade | 74. Mr Raja Segaran Arumugam | 111. Mr Yuen Chuk Weng, Ryan |
| | | 112. Mr Zulkifli Bin Mohammed |

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- | | | |
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| 11. Mr Mohd Jeffrey Bin Yahaya | 23. Mr Sea Hoon Cheng | 35. Mr Yang Wei Li |
| 12. Mr Mohd Rosli Bin Hj Aman | 24. Mr Seak You Jun | |

MISSION

To mobilise our community against drug abuse
and strive towards a drug-free Singapore

VISION

To deliver with our volunteers and community partners,
sustainable preventive, rehabilitation and aftercare
programmes, towards a drug-free Singapore

CONTACT US

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Step-Up @ Taman Jurong

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SANA

SINGAPORE ANTI-NARCOTICS ASSOCIATION